

Nexus & Optimum Size Guide

Youth Size Guide

	SY	MY	LY	XLY
Chest (ins)	26–28	28–30	30–32	32–34
Waist (ins)	22–24	24–26	26–28	28–30

Adult Size Guide

	S	M	L	XL	2XL	3XL	4XL
Chest (ins)	34–36	38–40	42–44	46–48	48–50	50–52	54–56
Waist (ins)	30–32	32–34	34–36	36–38	38–40	40–42	44–46